

60 Minute trade:

Long: Goal 5+ pips

1. The 60 min (1hr) stoch on the MRF stoch indicator is stepping up
2. The RF is below the zero line on the indicator
3. When RF breaks above the zero line enter trade
4. When confirmation bar occurs, you should be in good pips
5. If RF bar then breaks back down below the zero line get out of the trade
6. The more on the opposite side of the TMA as the direction you are going in the better
7. For longs, you want to be closer to the bottom line

Short: Goal 5+ pips

1. The 60 min (1hr) stoch on the MRF stoch indicator is stepping down
2. The RF is above the zero line on the indicator
3. When RF breaks below the zero line enter trade
4. When confirmation bar occurs, you should be in good pips
5. If RF bar then breaks back above the zero line get out of the trade
6. The more on the opposite side of the TMA as the direction you are going in the better
7. For shorts, you want to be closer to the top line
- 8.

MOM or Sling Shot trade: Goal 20+ pips

1. View the 240 (4hr) stoch on the MTF stoch indicator
2. Look for the direction of the line
3. If the line is "stepping" up
 - a. Wait for price to break the lower band on the TMA line
 - b. After price has broken the band wait for a long break on the RF
 - c. Enter trade long and hold
4. If the line is "Stepping" down
 - a. Wait for price to break the upper band on the TMA line
 - b. After price has broken the band wait for a short break on the RF
 - c. Enter trade long and hold