

**Day**

Prior Days High \_\_\_\_\_ Prior Days Low \_\_\_\_\_

Level 1 resistance \_\_\_\_\_

Level 2 resistance \_\_\_\_\_

Level 1 support \_\_\_\_\_

Level 2 support \_\_\_\_\_

**h4**

Level 1 resistance \_\_\_\_\_

Level 2 resistance \_\_\_\_\_

Level 1 support \_\_\_\_\_

Level 2 support \_\_\_\_\_

Where's the most recent PA that has sent price to where it is at. Can we see an opportunity on our lower TF to get in on a pullback?

Has price closed above the 5/10?      This support long positions (go to your lower TF for buy in on pullback)

Has price closed below the 5/10?      This support short positions (go to your lower TF to sell a rally)

How is the current candle shaping up PA wise?

**h1**

Level 1 resistance \_\_\_\_\_

Level 2 resistance \_\_\_\_\_

Level 1 support \_\_\_\_\_

Level 2 support \_\_\_\_\_

Is price ranging?

Define the range

Price on the h1 usually ranges near the end of the US Session going into the opening of the Asian Session

Where's the most recent PA that has sent price to where it is at. Can we see an opportunity on our lower TF to get in on a pullback?

Has price closed above the 10ema?      This supports long positions (go to your lower TF for buy in on pullback)

Has price closed below the 10ema?      This supports short positions (go to your lower TF to sell a rally)

How is the current candle shaping up PA wise?

## m15

Consolidating w/ MA's flat?  
If yes, go to ranging

Ranging? (I use the tips and bottoms of the wicks to define, 5 pip variance is good)

Top \_\_\_\_\_

Bottom \_\_\_\_\_

When price breaks it's range, I look for the price on the 15m candle to close above or below the range top or bottom to consider it broken. First time through usually will not be the break. If we get a confirmed break (close above or below the range), look for price to retest the top or bottom of the range and continue. This will usually be a quick test and on the following m15 candle. 10-15pip SL on the range play is usually good. Think of it as tennis. Back and forth until one side decides to spike the ball and drive price to our higher TF support/resistance.

When price moves across the 35ma and closes, look for counter trades from the closed candle's price to 35 pips above or below depending upon where price has come from, to counter back. For example, price closes bullish through the 35ma at 5960, shorts positions from 5960 -5995 with TIGHT SL, here were talking SL around 6005. If you get taken out, look to buy in on a pullback targeting your upper TF support/resistance.

MA's angled?    North (buy the dips)      South (Sell the rallies)  
Define the channel

Channel Top \_\_\_\_\_

Channel Bottom \_\_\_\_\_

Has price gone more than 35 pips past the price of the closed candle that last went through the 35ma and closed?

If yes, favor positions in the direction of the ma's targeting upper TF support/resistance areas looking for PA for a reversal. (If were on top of the 35, favor longs, if were below the 35, favor shorts)

Positions off the 5/10/21ma price in the direction of the ma's. Use your ma's for your SL.

#### TRADE PLAN:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.