

The jail break system

(This is how I trade). I use the 1 hour chart. I wait until I see a reversal on the chart and look for what I call railroad tracks, this is when the pair contracts and runs horizontal for several candles on the chart. When the pair breaks out of the blue box area. I use the 4 hour chart to tell me what direction the pair is headed and I use the 15 minute chart for the entry. Then I go back to the 1 hour chart to watch the pair. The blue box area is the beginning of a cycle, then the second phase is the jail break. If the four hour chart tells you the pair is going down then you wait for the jail break to happen. A lot of times the pair will make a fake out move out of the box to the wrong direction. You can place a counter trend trade at this time if you want. Or you can wait until the fake out is over then enter the market. Remember look at the four hour chart before going to the fifteen minute chart to make a entry. The contraction area can be seen on any chart from one minute to the monthly. When you make your entry you'll be in the third part of the cycle this is when you'll make a lot of your profit. (The third part of the cycle will not end until the pair starts to contract) then you'll be able to put this in a box and start the cycle all over again like you see on my chart.

Look for a " M " or " W " inside the blue box. If this was a sell you can see the market manipulators whipsawed these oil traders up and down then they made the move out of the box to the lower side.

When you use with the 4 hour chart or the 1 hour chart these time frames are very powerful and they tell you where the market is going on any pair or even crude oil.

Note: These market manipulators can't stay in this box forever, they have to move out of the box and make the big money when they exit the box. So you have to be patient and wait for they're move out of the box. Remember there are 3 phases. The 1st phase is the contracted small horizontal candles, the 2nd phase is the whipsaw effect of trapping traders, the 3rd phase is the exit from the box where you make the entry to buy or sell and this is when you make the profit. And this 3rd phase doesn't stop until the pair or crude oil goes back into contracting small horizontal candles. (The jail break system isn't a lagging indicator, it's a real time indicator.)