

Let's first just make sure we understand that even within one time frame there are several trends. We must establish what the dominant trend is and to do that, zoom out as far as you can go and it should be obvious. I have done this on eurUSD weekly and you can see the dominant trend is UP as shown by the deep sky blue channel line.



## EURUSD Dominant Trend

Then zoom in to find the intermediate trend as shown by the magenta line.



## EURUSD Intermediate trend

Then zoom into that trend to find the short term trend as shown by the gold line.



### EURUSD Short term trend

Then zoom into that trend to find the immediate trend as shown by the lime green line.



### EURUSD Immediate trend

You need to be aware of all these trends when trading the Worker to know whether you are with or against the trend.

So, to trade the Worker, you need to know the **IMMEDIATE BOSS trend** since this governs the

Worker direction.

Remember also that if you draw TLs as I do, you can use them as your Momentum indicators which tell you far more than a squiggly line.

So, where we are today on the BOSS, the IMMEDIATE trend is DOWN but it is at the cross - roads of it's short term trend meaning that something has to give. Whichever way this breaks IS the **IMMEDIATE** trend and will provide direction for the Worker.

Don't forget that even 3 bars on the BOSS is 15 bars on the Worker.

--from Strat #Post 3780

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