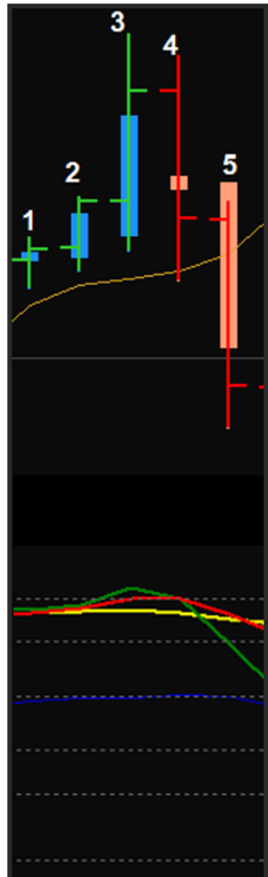


## Swing High / Swing Low – How to define them in a simple way?



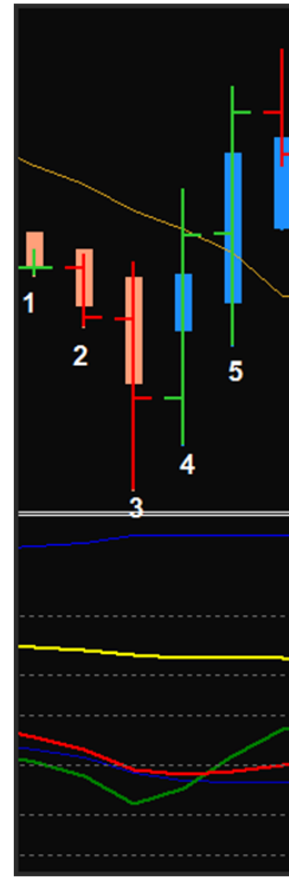
A swing high must have 5 price bars as shown on the left.

The highest high bar 3 must have two bars on either side of the high bar 3.

The high of bar 1 and bar 2 must be lower than the high of bar 3 and the high of bar 4 and bar 5 must be lower than the high of bar 3.

One of the bar 4 or bar 5 must close below the 5EMA (Typical price, Shift +3).

The TMS sell setup bar is the bar which closes below the 5EMA and confirm with the TDI Green cross Red or a Green with steep angle pointing in the 4–6 of a clock-face.



A swing low must have 5 price bars as shown on the left here.

The lowest low bar 3 must have two bars on either side of this low bar 3.

The low of bar 2 and bar 1 must be higher than the low of bar 3 and the low of bar 4 and bar 5 must be higher than the low of bar 3.

One of the bar 4 or bar 5 must close above the 5EMA (Typical price, Shift +3).

The TMS buy setup bar is the bar which closes above the 5EMA and confirm with the TDI Green cross Red or a Green with steep angle pointing in the 12-2 of a clock-face.